



# ENGLISH GYMNASTICS



English Qualifier 1 Competition Time Table (v2)																
Saturday Programme																
TRI Prelims								Ind DMT Prelims								
Level	Flight	Panel 1			Panel 2		Panel 3		Level	Flight	Panel 4					
Silver	1	Age Group:	9-10 Male			11-12 Male		Disabilities & 9-10 Female		Silver	1	Age Group:	15-16 Female (1-6)			
		No:	(1-17)			(1-18)		(1-3) & (1-14)				No:	17+ Male & Female			
		Floor Warm Up:	07:30	08:00		07:30	08:00		07:30			08:00		Floor Warm Up:	07:30	08:00
		March On:	08:00	08:10		08:00	08:10		08:00			08:10		March On:	08:00	08:10
		Tramp Warm Up:	08:10	08:35		08:10	08:35		08:10			08:35		Warm Up Pass 1 & 2:	08:10	08:30
		One Touch:	08:35	08:45		08:35	08:45		08:35			08:45		Compete Pass 1 & 2:	08:30	08:50
	Compete:	08:45	09:10		08:45	09:10		08:45	09:10		Warm Up Pass 3 & 4:	08:50	09:10			
	One Touch:	09:10	09:20		09:10	09:20		09:10	09:20		Compete Pass 3 & 4:	09:10	09:30			
	Compete Final:	09:20	09:30		09:20	09:30		09:20	09:30		March Out:	09:30	09:35			
	March Out:	09:30	09:35		09:30	09:35		09:30	09:35							
	Silver	2	Age Group:	13-14 Females		11-12 Female		13-14 Male		Silver	2	Age Group:	9-12 & 15-16 Male			
			No:	(1-18)		(1-18)		(1-18)				No:	(1-8) & (1-5)			
Floor Warm Up:			09:05	09:35		09:05	09:35		09:05			09:35		Floor Warm Up:	09:05	09:35
March On:			09:35	09:45		09:35	09:45		09:35			09:45		March On:	09:35	09:45
Tramp Warm Up:			09:45	10:10		09:45	10:10		09:45			10:10		Warm Up Pass 1 & 2:	09:45	10:05
One Touch:			10:10	10:20		10:10	10:20		10:10			10:20		Compete Pass 1 & 2:	10:05	10:25
Compete:		10:20	10:45		10:20	10:45		10:20	10:45		Warm Up Pass 3 & 4:	10:25	10:45			
One Touch:											Compete Pass 3 & 4:	10:45	11:05			
Compete Final:											March Out:	11:05	11:10			
March Out:		11:05	11:10		11:05	11:10		11:05	11:10							
<b>The Final for 11-12 Female and 13-14 Male will take place in flight 3</b>																
Silver		3	Age Group:	13-14 Females		11-12 Female		13-14 Male & 15-16 Female		Silver	3	Age Group:	9-12 Female			
	No:		(19-36)		(19-36)		(19-25) & (1-13)		No:			(1-16)				
	Floor Warm Up:		10:30	11:00		10:30	11:00		10:30			11:00		Floor Warm Up:	10:30	11:00
	March On:		11:00	11:10		11:00	11:10		11:00			11:10		March On:	11:00	11:10
	Tramp Warm Up:		11:10	11:35		11:10	11:35		11:10			11:35		Warm Up Pass 1 & 2:	11:10	11:30
	One Touch:		11:35	11:45		11:35	11:45		11:35			11:45		Compete Pass 1 & 2:	11:30	11:50
	Compete:	11:45	12:10		11:45	12:10		11:45	12:10		Warm Up Pass 3 & 4:	11:50	12:10			
	One Touch:										Compete Pass 3 & 4:	12:10	12:30			
	Compete Final:										March Out:	12:30	12:35			
	March Out:	12:30	12:35		12:30	12:35		12:30	12:35							
	Judges Lunch															
	Silver	4	Age Group:	13-14 Females		15-16 Male		15-16 Female		Silver	4	Age Group:	13-14 Female			
No:			(37-46)		(1-17)		(14-25)		No:			(1-13)				
Floor Warm Up:			12:10	12:40		12:10	12:40		12:10			12:40		Floor Warm Up:	12:10	12:40
March On:			12:40	12:50		12:40	12:50		12:40			12:50		March On:	12:40	12:50
Tramp Warm Up:			12:50	13:15		12:50	13:15		12:50			13:15		Warm Up Pass 1 & 2:	12:50	13:10
One Touch:			13:15	13:25		13:15	13:25		13:15			13:25		Compete Pass 1 & 2:	13:10	13:20
Compete:		13:25	13:50		13:25	13:50		13:25	13:50		Warm Up Pass 3 & 4:	13:20	13:40			
One Touch:		13:50	14:00		13:50	14:00		13:50	14:00		Compete Pass 3 & 4:	13:40	14:00			
Compete Final:		14:00	14:10		14:00	14:10		14:00	14:10		March Out:	14:10	14:15			
March Out:		14:10	14:15		14:10	14:15		14:10	14:15							
Silver		5	Age Group:	17+ Female		17+ Male		Syncro		Silver	5	Age Group:	13-14 Male			
			No:	(1-18)		(1-12)		9-12 Mixed (1-8)				No:	(1-7)			
	Floor Warm Up:		13:35	14:05		13:35	14:05		13:35			14:05		Floor Warm Up:	13:35	14:05
	March On:		14:05	14:15		14:05	14:15		14:05			14:15		March On:	14:05	14:15
	Tramp Warm Up:		14:15	14:40		14:15	14:40		14:15			14:40		Warm up Pass 1 & 2:	14:15	14:35
	One Touch:		14:40	14:50		14:40	14:50		14:40			14:50		Compete Pass 1 & 2:	14:35	14:55
	Compete:	14:50	15:15		14:50	15:15		14:50	15:15		Warm Up Pass 3 & 4:	14:55	15:15			
	One Touch:										Compete Pass 3 & 4:	15:15	15:35			
	Compete Final:										March Out:	15:35	15:40			
	March Out:	15:35	15:40		15:35	15:40		15:35	15:40							
	Silver	6	Age Group:	17+ Female		Syncro		Syncro		Silver	6	Age Group:				
			No:	(19-35)		13-14 Female (1-5)		9-12 Mixed (9-15)				No:				
Floor Warm Up:			15:00	15:30		15:00	15:30		15:00			15:30		Floor Warm Up:	15:00	15:30
March On:			15:30	15:40		15:30	15:40		15:30			15:40		March On:	15:00	15:30
Tramp Warm Up:			15:40	16:05		15:40	16:05		15:40			16:05		Warm up Pass 1 & 2:	15:35	15:55
One Touch:			16:05	16:15		16:05	16:15		16:05			16:15		Compete Pass 1 & 2:	15:55	16:15
Compete:		16:15	16:40		16:15	16:40		16:15	16:40		Warm Up Pass 3 & 4:	16:15	16:35			
One Touch:		16:40	16:50								Compete Pass 3 & 4:	16:35	16:55			
Compete Final:		16:50	17:00								March Out:	16:55	17:05			
March Out:		17:00	17:05		17:00	17:05		17:00	17:05							
Silver		7	Age Group:	Syncro		Syncro		Syncro		Silver	7	Age Group:				
			No:	17+ Female (1-4)		15-16 Female (1-6)		13-14, 15-16, 17+ Male				No:				
	Floor Warm Up:		16:25	16:55		16:25	16:55		16:25			16:55		Floor Warm Up:	16:25	16:55
	March On:		16:55	17:05		16:55	17:05		16:55			17:05		March On:	16:55	17:05
	Tramp Warm Up:		17:05	17:30		17:05	17:30		17:05			17:30		Warm up Pass 1 & 2:	17:05	17:30
	One Touch:		17:30	17:40		17:30	17:40		17:30			17:40		Compete Pass 1 & 2:	17:30	17:40
	Compete:	17:40	18:05		17:40	18:05		17:40	18:05		Warm Up Pass 3 & 4:	17:40	18:05			
	One Touch:										Compete Pass 3 & 4:	18:05	18:10			
	Compete Final:										March Out:	18:10	18:15			
	March Out:	18:05	18:10		18:05	18:10		18:05	18:10							